

American Council
on Exercise



American Council on Exercise

This certificate attests that

SHONDA RENEE LAWARY

has met all the requirements of the American Council on Exercise to develop and implement personalized exercise programs that improve fitness and overall well-being for individuals who are apparently healthy or have medical clearance to exercise.

CERTIFIED PERSONAL TRAINER

GETTING PEOPLE MOVING SINCE 2020

Cedric X. Bryant, Ph.D.
President & Chief Science Officer
American Council on Exercise



March 31, 2026

VALID THROUGH



ACE SPECIALIST

American Council on Exercise

This certificate attests that

Shonda Renee Lawary

has met all the requirements to be recognized as an ACE Specialist and completed the

Fitness Nutrition Specialist Program

2.5 CECs

ACE CECs

6/19/2022

DATE



A handwritten signature in black ink, appearing to read "Col RD", is positioned above a horizontal line.

CHIEF SCIENCE OFFICER



25.0 CECs



15.0 CEUs



25.0 CECs



10.0 Learning Hours



1.9 CEUs

American Council
on Exercise



American Council on Exercise

This certificate attests that

SHONDA RENEE LAWARY

has met all the requirements of the American Council on Exercise to
develop and lead exercise classes for diverse groups using varied formats and equipment.

CERTIFIED GROUP FITNESS INSTRUCTOR

GETTING PEOPLE MOVING SINCE 2018

Cedric X. Bryant, Ph.D.
President & Chief Science Officer
American Council on Exercise



November 30, 2026

VALID THROUGH



Certificate of Completion

This certificate signifies

Shonda Renee Lawary

has successfully completed the ACE Approved Continuing Education Course:

Working with Cancer Patients

0.1 CECs

ACE CECs

10/7/2024

DATE

ACE →
APPROVED



CHIEF SCIENCE OFFICER



1.0 CECs

This certificate is proof that the above participant has completed an ACE Approved Continuing Education course.

BASIC LIFE SUPPORT

**BLS
Provider**



**American
Heart
Association.**

Shonda Lawary

**has successfully completed the cognitive and skills evaluations
in accordance with the curriculum of the American Heart Association
Basic Life Support (CPR and AED) Program.**

Issue Date

2/25/2024

Training Center Name

Atlanta Technical College

Training Center ID

GA20151

Training Center City, State

Atlanta, GA

**Training Center Phone
Number**

(404) 225-4406

Training Site Name

Renew By

02/2026

Instructor Name

Sharon Crouch

Instructor ID

09130195661

eCard Code

245416573950

QR Code



To view or verify authenticity, students and employers should scan this QR code with their mobile device or go to www.heart.org/cpr/mycards.

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